



AUGUST 2019 NEWSLETTER



Register here
for our next
meeting!

COMING SOON

September Luncheon

The Wake County Greenway System

*with Vivian Jones, Mayor of Wake Forest,
and Sig Hutchinson, Chair of the Wake*

County Board of Commissioners

Thursday, September 12, 2019

11:45 am – 1:15 pm

1705 East

1705 E. Millbrook Road

Food by Rocky Top Catering

OTHER UPCOMING EVENTS

Wednesday, August 28, 2019

4th Wed. Dinner Group

6:30 p.m.

18 Cantina

Cameron Village

Contact: [Debbie Hamrick](#)

Wednesday, September 4,

7:45-9:00 a.m.
Benchwarmers at the Transfer
Food Hall

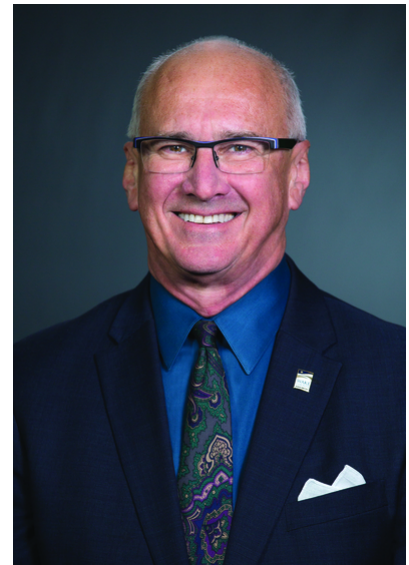
Thursday, September 12, 2019

**The Wake County Greenway
System with Vivian Jones**

11:45 a.m. -1:15 p.m.
1705 East
1705 E. Millbrook Road, Raleigh

**Fall Applications for
Membership due September
9th!**

Please refer all of your visitors
and friends to be part of our
Fall 2019 Membership Class!



Vivian Jones, Mayor of Wake Forest, and Sig Hutchinson, Chair of the Wake County Board of Commissions, will speak about the Wake County Greenway system, which creates a connected and comprehensive system of greenway trails that enhance the quality of life throughout the county.

2019/2020 Board Members

President
Stacy Askew

Past President
Donna Rhode

President-Elect
Sandy Briscar

Secretary
Karen Franklin

Treasurer
Amy Hilliard

Member Experience
Sherry Heuser

**Member Recruitment/
Guest Experience**

[CLICK HERE TO REGISTER](#)

BY 5 P.M., MONDAY, SEPTEMBER 9!

**IF YOU PLAN TO ATTEND THE LUNCHEON,
PLEASE REGISTER AND PLEASE ATTEND.**

*We need your help in getting an accurate
meal count to our caterer.*

Thank you!



Thank you to **Sara Merz**, founder of ACEs Resilience in Wake County Initiative, for her informative presentation on addressing adverse childhood experiences and improving people's lives in Wake County.

#GrtSpkrRPFW

Programs

Karen Porter

Meeting Operations

Shannon Helm

Communications

Molly Lukes

Website

Marceline Murawski

At-Large

Wendy Burden

Annual Report

OPPORTUNITIES REFERRALS INQUIRIES

Do you have an opportunity that would interest our members? Do you need a referral or have an inquiry with which a member could assist? Post it here! Send detailed information to: communications@rpf.net.



Join the
RPF
FB group
today
and get
started

posting all your latest
news. The more the

Please send your news to communications@rpf.net by the 10th of the month to be included in our monthly e-newsletter. We're eager to celebrate your achievements, milestones, and updates!



Loss of a beloved, long-time RPF member

It is with a sad heart we let you know that **Cynthia Wittmer** passed away on July 20, 2019 after a valiant 16-year battle with breast cancer. In lieu of flowers, contributions may be made in Cindy's honor to Legal Aid of North Carolina (224 S. Dawson St., Raleigh, NC 27601), Heifer International (1 World Ave., Little Rock, AR 72202), or the charity of one's choice. [Link to obituary.](#)



[Subscribe](#) to our email list

Facebook at [Raleigh Profesional Women's Forum: Members](#)



**New to RPWF ---
hashtags at
every monthly
meeting.** We

encourage you to live tweet or create a FB or Instagram story during the monthly presentations to celebrate each meeting! **#GrtSpkrRPFW**

Your feedback, please!

We want to make our monthly RPWF e-newsletter a must-read for all members and interested guests.

We need your help! Please [share your feedback](#) with us and tell us what you'd like to see, things you'd change, and how you think we can improve your newsletter experience.

We look forward to hearing from you. Thanks!

**Do you know people who
work for a local publications?**

We want to make sure we are getting our mission out into the local area and drawing in new and diverse members.

We need your help! Please [share](#)

Debbie Hamrick recently spent a 4-day weekend with a girlfriend in Quebec, Canada visiting Quebec City and Montreal. They saw a number of sights and enjoyed great food. According to Debbie, "The best part of the trip was the people: Canadians are friendly and welcoming."

**The photo is of Debbie Hamrick (right), and Deb Harris, a former colleague and long-time friend from Chicago, with the city of Montreal in the background at Mount Royal Park.*



Katie King and her daughters are fostering Siamese kittens and their Tortie mama. The babies were born on or around Independence Day. The babies are growing and becoming more independent now. They are available

through Purr Partners, probably in early September.

**Want to become more involved with RPWF?
Become a new team member on one of our
amazing committees!**

There are many wonderful committees to join that add to the success of RPWF. Being on a committee is a fun, informal way to get to know one another and the larger RPWF community.

If serving on a committee interests you, please email the board member of the [committee](#) of interest.

Thank you everyone!

[Subscribe](#) to our email list

an introduction.

We look forward to hearing from you. Thanks!

Where would you like to see us partner in the community?

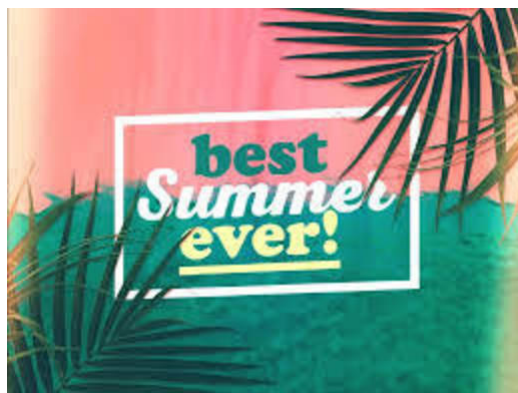
Are there other associations that you would like to see a partnership? Are there organizations RPWF would be well suited to come along side? .

We need your help! Please [share your idea](#) with us.

We look forward to hearing from you. Thanks!



**Register here
for our next
meeting!**



Did you have a fun summer?

Tell us about it!

We love to celebrate with you!

COMMUNITY EVENTS

Know of something happening around town this month or next? We want to share! Tell us about it by sharing it on [community events online](#) or write it on an index card at the next luncheon. Please provide as much info as possible, including URLs, photos, etc.



Family Garden Walk: Colors of Fall at Sarah P. Duke Gardens on Sept. 7th at 9 am

Bring the whole family to explore the garden on the first Saturday of every month. Discover new places in the Gardens as you learn about the many things that live here, with a different seasonal theme each month.

Walks will end inside the gardens to allow your family to continue exploring on your own.

Please meet at the Gothic Gates. Free drop-in activity. Parking fees apply.

[Info](#)

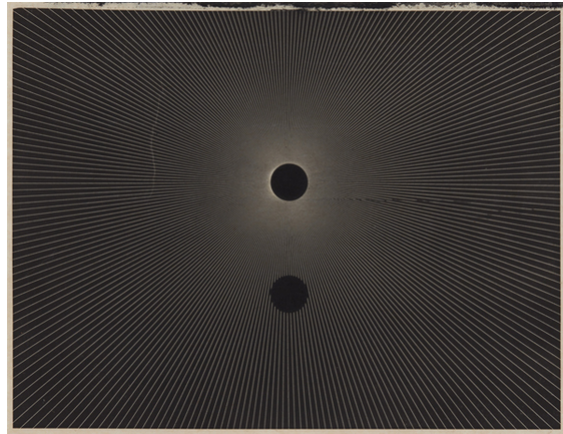


Friday Night Tribute Series - North Hills through Oct. 11th

This fall, we'll be paying tribute to some of the greats in music that we all know and love. In true block party style, you'll find food trucks, cocktails, and a kid-friendly atmosphere. It's the perfect place to gather with friends and family to kick-off the weekend.

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The series runs August 23 through October 11 and is located in Coastal Credit Union Midtown Park. Doors open at 5pm with opening acts running from 5:30pm-6:30pm and



Marsha Cottrell: Black and Light - CAM through Sept. 8th

CAM Raleigh's Main Gallery summer exhibition, Black and Light by Marsha Cottrell brings together a selection of work created between 1997 and 2019 using a computer and an office laser printer. Image: Marsha Cottrell, "Untitled (2:07:35pm)," Laser toner on paper, unique, 2018, Image courtesy of Polite Photographic Services. [Info](#)

BOARD NEWS



Board Retreat 2019

The 2019/2020 RPWF Board met on July 31st to plan for the future of Raleigh Professional Women's Forum. There are a lot of wonderful initiatives that came out of the retreat! We look forward to serving you all well!

How did you find RPWF?

We want to hear from you!

What do you love most about being a member of RPWF?

How long have you been a member?

How can we make your experience excellent?

Registering for Monthly Meetings

We rely on you to register for every monthly meeting you attend.

Your registration allows us to properly plan for catering and seating. We understand the occasional exception in which your availability changes to allow you to attend a monthly meeting at the last minute. Those occasions should be exceptions, not the rule. We encourage you to register monthly. We look forward to seeing you at every monthly meeting you are able to join us. We appreciate you.

Sign Up to Join and Host for Monthly Breakfast Bunch

We would love to have you join our monthly Breakfast Bunch. If

[Subscribe](#) to our email list

[link](#). Hosting responsibilities include picking the location and welcoming members. There is no financial responsibility. We look forward to seeing you at every monthly breakfast bunch you are able to join us. We appreciate you.

Let's Do Lunch with the Lunch Bunch

- Meets the last Thursday of each month
 - Location changes based on host preference and member input
 - To join, contact Shannon Helm
-

PRESIDENT'S MESSAGE

Dear RPWF Members,

Summer is winding down as fall plans are being developed. Your board has been working hard to add value to your RPWF membership. Last week at the board retreat, a new social media campaign was developed to help share the gift of RPWF with others. The board is asking you to help by participating two ways:

First, invite your colleagues and friends to our meetings.

Secondly, tweet and post news about our activities on your professional and personal social media accounts along with RPWF's Facebook page. We would also like you to share our events and speaker information on your professional organization's and employer's media boards.

Thank you for continuing to share your feedback as we introduce new initiatives.

Sincerely,
Stacy

Stacy Askew
President

Member Reminders:

A few reminders to help us serve you better and stay better

[Subscribe](#) to our email list

Take a minute to update the RPWF Membership Directory. Schedule 10-15 minutes over the next week and update your info on the [RPWF website](#). We want to know you better. (Remember we're here to Engage. Inspire. Connect.)

Bring a friend, colleague, client, vendor or acquaintance to an upcoming luncheon. It's easy to [register and pay online](#).

Share good news, community events, vacation or family news, milestones or anything you want us to know. Please submit material and/or photos to our Communications Chair Molly Lukes at communications@rpwf.net by the 10th of the month to be included in the upcoming newsletter.

[RPWF on LinkedIn](#) | [Email RPWF](#) | [RPWF Website](#)

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